St Paul’s Hospital Site - CMG
Family Medicine Residency

CaRMS 2017
Open House
Residency Overview

- Based at St. Paul’s Hospital and Community Family Practice preceptor’s office
- Rotating block-based first year
- Work alongside Royal College and IMG FM Residents
- Mostly “longitudinal” second year - few blocks
St. Paul’s Hospital
St. Paul’s Hospital

- Active and respected Department of Family Medicine at SPH
- Family Practice Teaching Service - rare in Canada in a tertiary care teaching centre
- 500 bed Teaching hospital for residents and medical students for > 75 years
- Community hospital ambience with interprofessional teamwork
- Centres of Excellence for HIV, Addictions, Cardiothoracic Surgery, BC’s Provincial Heart Centre
- The new SPH anticipated to be completed in 7-10 years!
SPH is anything but ordinary...

Inner City Hospital serving unique urban populations, including:

- Seniors living in the downtown core
- People identifying as LGBTQ
- Indigenous people living in the urban core
- Young families
- People with substance use disorders
- Under housed people
- People with mental illness and concurrent disorders
R1 Year

- Foundations of Family Medicine: 4 weeks (July, no call!)
- Family Practice Office Block: 4 weeks
- Family Practice Teaching Service: 4 weeks
- Three Bridges Inner City clinic: 4 weeks
- Emergency: 4 weeks SPH
- Internal Medicine CTU: 4 weeks SPH
- Obs-Gyne: 4 weeks SPH
- Integrated Maternity: 4 weeks BCWH & community primary care
- Pediatrics EM: 4 weeks BCCH
- Peds Nursery: 2 weeks BCCH
- Peds Outpatient: 2 weeks Kensington clinic
- Palliative Care: 2 weeks SPH
- Surgery: 2 weeks SPH
- Elective/Vacation Blocks: 4 weeks x 2
- Thursday - “VAC” academic ½ day & ½ day call-back to FP Office
R2 Year

- **Longitudinal sessions (~31 weeks total)**
  
  measured as “SESSIONS” 1 session = 1/2 day
  
  - Family Practice Office: 143 sessions
  - Longitudinal Electives: 72 sessions
  - Care of Elderly in community: 20 sessions
  - Surgery/procedural skills: 40 sessions
  - “VAC” Academic ½ day: 33 sessions

- **Block Rotations (21 weeks total)**
  
  - Rural Family Practice: 8 weeks
  - Block Elective: 4 weeks
  - Psychiatry: 3 weeks (or longitudinal!)
  - Practicum (May or June): 2 weeks
  - Vacation: 4 weeks + 5 days winter holiday
### Sample R2 “longitudinal” schedule

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<tr>
<th></th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Sessions/total</th>
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<tbody>
<tr>
<td>AUG 4-</td>
<td>Civic Holiday</td>
<td>Breast Health Clinic</td>
<td>OB /deliveries (South Hill) Dr. Olson</td>
<td>VAC</td>
<td>FP: 3 Bridges (Dr. Mattheis) Inner City</td>
<td>5 sessions FP + 1 on call</td>
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<td>AUG 10</td>
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<td>BC Women's</td>
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<td>P.M.</td>
<td>Breast Health Clinic</td>
<td>OB /deliveries (South Hill) Dr. Olson</td>
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<td>FP: 3 Bridges (Dr. Mattheis) Inner City</td>
<td>2 sessions longitudinal elective</td>
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<td>EVE.</td>
<td>Breast Health Clinic</td>
<td>OB /deliveries (South Hill) Dr. Olson</td>
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<td>1 session VAC</td>
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<td>NIGHT</td>
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<td>OB /deliveries (South Hill) Dr. Olson</td>
<td>On Call for OB</td>
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<td>TOTAL = 8 sessions + 1 call</td>
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<tr>
<td>AUG 11-</td>
<td>Fam Practice: South Hill</td>
<td>South Hill Lactation Consultant</td>
<td>OB /deliveries (South Hill) Dr. Olson</td>
<td>VAC</td>
<td>FP: 3 Bridges (Dr. Mattheis) Inner City</td>
<td>7 sessions FP + 1 on call</td>
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**Notes:**
- Scholar project - data analysis – 2 hours
- 1 session VAC
- Research meeting*
St Paul's Hospital Family Medicine Residency

Strengths

• Community Preceptor’s practices
• “Home base” training site in Inner City
• Social justice and advocacy focus
• July Foundations of Family Medicine orientation
• 3 Bridges Inner City health clinic rotation
• Family Practice Inpatient Teaching Service
• Flexible R2 year – self-directed adult learning
• Behavioural Medicine, Addictions teaching
• Faculty, Site Coordinator, support team
• Multiple leadership opportunities
• Conference support:
  • R1 Best Science Medicine & R2 SPH CME course

• Vancouver!
Challenges

• Some off-service rotations:
  - R1 Gen Surgery - changed from 4 weeks to a 2 week rotation - still some issues of teaching, handover, access to ambulatory clinics, but R2 opportunities for procedural skills elsewhere
  - OB/GYNE - changed from 8 weeks to a 4 week rotation - low volume, limited outpatient gyne, but 4 weeks community-based maternity “iMAT” added - great feedback re high volume deliveries, primary care teaching

• R2 Scheduling
  - Requires self-direction/organization/adult learning!
  - Competition for specialty elective preceptors

• Resources (program-wide)
  - UBC Faculty of Medicine budgetary restraints
  - Rapid expansion of residency program
  - Lower funding per resident compared to elsewhere

• Vancouver affordability:
  - Rentals, child care, travel
R3 Enhanced Skills Opportunities

- Clinician Scholar Program - 2 Years half time
- Addiction Medicine Fellowship - 1 yr
- Addiction Research Fellowship - 1 yr
- HIV/AIDS Fellowship - 1yr
- Palliative Care Year of Added Competency “YAK” - 1 yr
- Emergency - CCFP-EM - 1yr
- Health Care of the Elderly - 6 Months
- Maternity Enhanced Skills - 3+ months
- Indigenous Health - 3+ months
- Global Health, Anesthesia, Hospital Medicine, Inner City Health, GP Oncology, Pharmacy & Therapeutics, Women's Health...
Work

- Call R1 & R2: 1 in 3 - 7 home call, 1 in 4 in house call
- Mandatory academic/clinic half days well-respected
- Post-call generally well-respected
- Wednesday nights mostly “call protected” for R1s
- Good education-to-service ratio on most rotations
- Up to 4 weeks of out of province electives “OOP”
- Required R2 Rural 8 weeks plus more if you want
- Required R1 Practice Improvement Project (PIP)
- Required Scholar Project R1-R2
In Summary: Why St Paul’s?

- Inner-city hospital with exposure to diverse patient populations
- Strong social justice orientation
- Unique and flexible program, best for self-directed learners
- Receptive and enthusiastic faculty
- Excellent orientation month
- Best Science Medicine & St. Paul’s CME Conference
- Great Residents!
- Vancouver!
Vancouver!