



UBC Family Medicine:
Prince George & Northern Rural
Program
CaRMS 2013

Our Program

- *Location*
- *Description*
- *Strengths*
- *Community*



Where is Prince George?



8h Drive/1 hr
flight to Vancouver
7h to Kelowna
4h to Jasper
4h to Smithers
2h to Powder King
Ski



10 Minutes to Otway!

Our Favourite Things about PG Program:

- Outstanding preceptors
- Collegial Medical Community (first name basis)
- Rotating internship first year
- Volume of hands-on experiences
- No-call Fridays
- <15 minute commute (no parking)

One city, 2 programs

Northern Prince George

- 8 residents per year
- 2 years spent in Prince George

Northern Rural

- 3 residents per year
- R1: in Prince George as part of the Prince George program
- R2: joins the other rural residents from Kelowna to rotate around the province in rural communities



Northern Prince George

1st YEAR

Family Medicine (8 weeks)
Internal Medicine (8 weeks)
Gen Surgery (6 weeks)
Orthopedic Surgery (4 weeks)
Obstetrics (8 weeks)
Emergency (4 weeks)
Pediatrics (8 weeks)
Aboriginal Health (2 weeks)
Psychiatry (4 weeks)

2nd YEAR

Family Medicine (16 weeks)
ICU (4 weeks)
Geriatric/Palliative Care (Parallel with FM - 4 weeks)
Rural Rotation (8 weeks)
Emergency (8 weeks)
Electives (8 weeks)
Out of Province / International Elective (4 weeks)

Northern Rural program

1st YEAR

Family Medicine (8 weeks)

Internal Medicine (8 weeks)

Gen Surgery (6 weeks)

Orthopedic Surgery (4 weeks)

Obstetrics (8 weeks)

Emergency (4 weeks)

Pediatrics (8 weeks)

Aboriginal Health (2 weeks)

Psychiatry (2 weeks)

2nd YEAR

Family Medicine (32 weeks)

Emergency/Trauma (4 weeks)

Elective (14 weeks)

Academic Courses (2 weeks)



Family Medicine

- 6 practices, one building on hospital grounds
- 2-3 residents and preceptors per practice
- Preceptors:
 - Recent local grads,
 - Low preceptor turn-over
 - Experienced, enthusiastic teachers!!!
- Full service practices- Obstetrics, Inpatients, Good Interspeciality communication
- Half day elective time in R1
- First-call obstetrics in R2
- Half day every week in R1
- EMR
- No call in R1!

Rotation blocks

- Family Medicine Based Teaching
- Referral Centre for the North
- Hands on, practical service program
 - High volume call (1:4 internal, 1:3 rest)
 - Usually 1:1 experiences on call
 - Safe independence
- Few senior residents
 - Lots of direct contact with attending physicians
 - Low competition for opportunities

- Internal

- CTU format
- Ambulatory Clinics
- 1:4 call in house
- Teaching opportunities
- Interesting cases
- High volume

- Surgery

- 6 weeks General surgery
 - Senior resident from Vancouver
 - Broad variety of cases including vascular surgery
 - Access to outpatient clinics, endoscopy, interventional radiology
- 4 weeks of Orthopedics
- Choose your own adventures
- 1st assist in OR – if you want
- 1:3 (at home) call



- *Obstetrics*

- *Focus on labour and delivery*
- *Gynecology experience encouraged*
- *Approximately 25 deliveries in year 1*
- *1st hand exposure to high-risk cases*
- *Work directly with obstetricians and family docs*

- *Pediatrics*

- *CTU rotation/
Ambulatory based*
- *Inpatient: Peds ward,
NICU, emerg*
- *Outpatient: clinics,
CDC, SCAN, etc*
- *NRP certification
training provided*
- *1:3 (at home) call*

- *Psychiatry*

- *Outpatient based*
- *Outreach clinics - Quesnel*
- *Inpatient experience in Quesnel*
- *Wide variety of mental illness*
- *1:7 (at home) call; none past 11pm*

- *Emergency*

- *1:1 preceptor:trainee*
- *Family physician run, busy emergency dept with traumas*
- *Minor treatment with lots of procedures*
- *Option to participate in trauma call*
- *A definite favorite*

Native Health (2 weeks)

- Exposure to multidisciplinary primary care centre focused on aboriginal clients and those on or close to the street
- Addiction medicine, Methadone clinic, Innercity medicine
- Family docs, Nurse Practitioners, Drug and Alcohol counselors, Social workers, Nurses, Spiritual elder
- Opportunity to take part in a smudge ceremony and other cultural experiences

Rural Rotation (8 weeks in R2)

- PG (non-rural residents):
 - 2nd year mandatory rural block
- Match with the rest of UBC programs – rank top five choices CaRMS style, information regarding sites given on intranet

You are Here

Bill Shyer
1938-2024

North of Fraser
Fraser Canyon
Fraser Valley
Fraser Delta
Fraser River
Fraser River Delta
Fraser River Delta
Fraser River Delta

Bill Shyer was a prominent figure in the Pacific Northwest, particularly in the Fraser Canyon region. He was a pioneer in the logging industry and a significant contributor to the development of the area. His work and leadership were instrumental in shaping the region's infrastructure and economy. He is remembered for his dedication to the community and his vision for the future of the Pacific Northwest. His legacy continues to inspire many in the region, and his contributions are honored through various initiatives and projects. The map above shows the geographical context of his life and work, highlighting the Fraser Canyon and its surrounding areas.



Academics

- Faculty up to date and take pride in teaching
- Half-Days (weekly) – well organized, informative, applicable to Family Medicine
- Sim Lab (once a month – run by ER or Anaesthesia)
- Resident teaching on key features with FM preceptors
- Specialty Rounds
 - Surgery (with beer!)
 - Medicine
 - ER, Trauma
 - More OB
 - Peds Rounds
 - Native Health
- Video Rounds – BCCH (Peds), ER, Internal Med,

PG Medical Community

- 80 Full service family doctors
- 80 Well rounded, supportive and friendly specialists
- UNBC Northern Medical Program



Support

- Site Director:
 - Susan Knoll
- Program Coordinator:
 - Lisa Lakusta
- Resident Resilience Committee
- Prince George CME conference – Jasper, Sun Peaks
- Retreats
- Fridays call-free

Recent Changes

- Call Free Fridays
- Ambulatory Clinics in Internal
- Uptodate accessible in hospital and clinic
- No off service internal call
- Maternity leave support

**Program receptive to feedback- will make changes

What about Prince George?

- 80,000 people – catchement area 160,000
- Capital of the North
- Primary industry is forestry

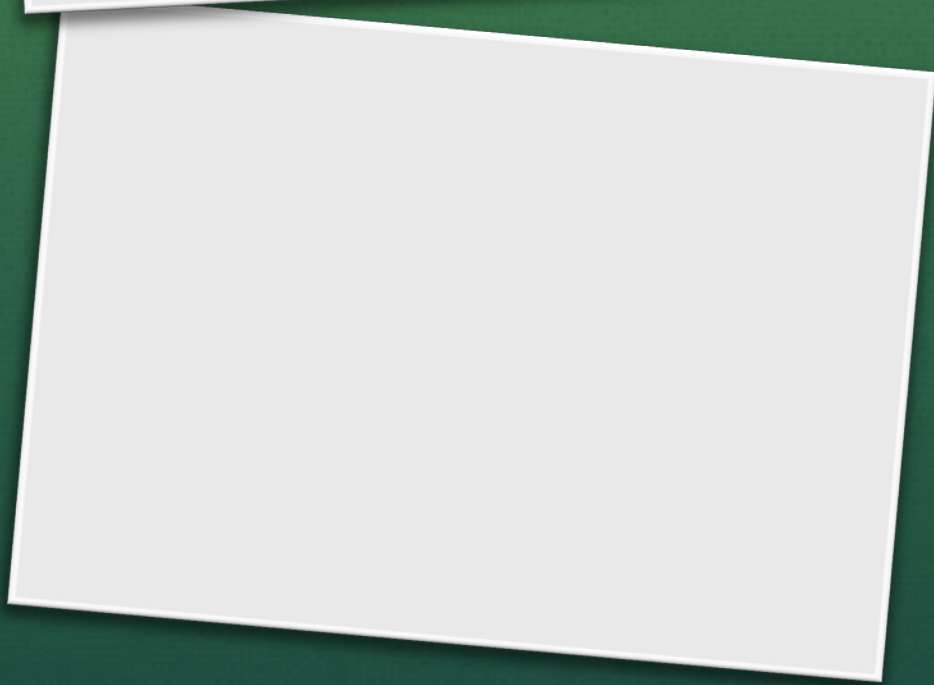
Some PG Favourites

1. *Otway Cross Country Skiing*
2. *Otway Mountain Biking*
3. *Soccer, Hockey, Ultimate*
4. *WHL Cougars*
5. *The Generator/*
6. *Books and Company bookstore*
7. *Aquatic Center*
8. *Ski hills: Powder King, Purden, Tabor*
9. *Iceman Competition*
10. *Theatre North West*
11. *PG Symphony Orchestra*
12. *UNBC Northern Sports Centre: squash, indoor track, indoor fields*
13. *Coldsnap music festival*



Summary

- Well established program training full-service family docs
- Prince George is a great place to live
- We'd choose it again!



Questions?