

A black stethoscope is shown lying on a light-colored, slightly reflective surface. The stethoscope is coiled, with the chest piece in the center and the ear pieces extending outwards. The lighting creates soft shadows and highlights on the tubing and the chest piece.

St Paul's Hospital
Family Medicine Residency
CMG Site

CaRMS 2015
Open House

Come to Vancouver!



St Paul's Hospital Family Medicine Residency - CMG Site

Residency Overview



- Based at St. Paul's Hospital and community preceptor's office
- Rotating first year
- Work alongside Royal College and IMG FM Residents
- Train with 2 Residents from Aboriginal Residency Site and 1 Resident from Population and Public Health program each year
- Mostly longitudinal second year

St. Paul's Hospital



- ✧ Teaching hospital for residents and medical students for > 70 years
- ✧ A tertiary care teaching and research hospital with approx. 500 beds

St. Paul's Hospital



- Active and respected Department of Family and Community Medicine
- Family Practice Teaching Service - Rare in Canada in a tertiary care teaching centre; hospital family medicine experience with support and autonomy
- Community hospital ambience; serving urban core/inner city; also referral centre; interprofessional teamwork
- Addiction Medicine Fellowship; Centres of Excellence for HIV, Cardiothoracic Surgery;
- BC's Provincial Heart Centre



St Paul's Hospital Family Medicine Residency CMG Site

SPH is anything but ordinary...

Inner City Hospital serving unique urban populations, including:

- Seniors living in the downtown core
- People identifying as LGBT and Queer
- Urban Aboriginal people
- Young families
- People with addictions
- Homeless people
- People with mental illness
- People affected by HIV and Hep C



St Paul's Hospital Family Medicine Residency CMG Site

Strengths



- Preceptors are community practitioners
- July Foundations of Family Medicine (no call)
- “Home base” training site - you get to know SPH and colleagues
- 3 Bridges rotation - Inner City focus
- Family Practice Ward / Teaching Service
- Behavioural Medicine
- St. Paul’s CME Conference
- Flexible R2 year
- Focus on resident wellness and resilience
- Dr. Calam + Faculty and Staff
- Vancouver!

Challenges



- Changes needed/underway for Surgery rotation
- Maternity care format undergoing transition
- Longitudinal R2 scheduling is self-directed and administratively complex
- Less block elective time in R2 year (more longitudinal) - difficult for CCFP-EM applicants or learners who prefer block time
- Vancouver is very rainy and grey in the winter (but that usually means snow on the mountains!)

R1 Year

- Foundations of Family Med: 4 weeks
- Family Practice Office Block: 4 weeks
- Family Practice Teaching Service: 4 weeks
- Three Bridges: 4 weeks
- Emergency: 4 weeks
- Internal Medicine CTU: 4 weeks
- Primary Care Integrated Maternity (iMAT): 4 weeks
- Obs/Gyne: 4 weeks
- Pediatrics: 8 weeks (BCCH and Kensington clinic)
- Surgery: 4 weeks (under revision to 3 wks ward, 1 wk clinic)
- Elective/Vacation Blocks: 4 weeks x 2
- Thursday - Academic 1/2 day & FPO 1/2 day

R2 Year



- Longitudinal sessions (29 weeks)
measured as "SESSIONS" 1 session = 1/2 day
 - Family Practice Office: 143 sessions
 - Longitudinal Electives: 72 sessions
 - Surgery/procedural skills: 40 sessions
 - Academic ½ day: 33 sessions
- Block Rotations (23 weeks)
 - Rural Family Practice: 8 weeks
 - Block Elective: 4 weeks
 - Psychiatry: 3 weeks
 - Palliative Care: 2 weeks
 - FPO "Practicum" (usually May or June): 2 weeks
 - Vacation: 4 weeks + 5 days winter holiday
 - SPH CME Course: 1 week

Academic requirements

A pair of black-rimmed glasses and a silver stethoscope are positioned behind the text on a dark, textured background. The glasses are in the foreground, and the stethoscope is behind them, partially obscured.

- July Foundations of Family Medicine: 50% academic sessions/50% family practice office
- Weekly Vancouver Academic Curriculum (VAC) Half Days
- Neonatal Resuscitation (NRP)
- Acute Obstetrics skills course (ALARM)
- Ethics & Indigenous Cultural Competency Modules
- PIP (early 1st yr) and Scholar Project (1-2nd year)
- St. Paul's CME Conference - annually, November
- SPH +/-or Regional Resident Retreat - annually
- Optional - ATLS

R3 Opportunities - Program Wide

- Clinician Scholar Program (Research skills) - 2 yrs
- Addiction Medicine Fellowship - NEW! 1 yr
- HIV/AIDS Fellowship - 1 yr
- Palliative Care Year of Added Competency "YAK" - 1 yr
- Aboriginal Health - 1yr
- FP Anesthesia - 1 yr
- CCFP-EM - 1yr
- Health Care of the Elderly - 6 Months

Work

- R1 Call: 1 in 3-7 (home), 1 in 4-7 (in house)
- R2 Call: min 1 in 7, rural up to 1 in 3 (home)
- Academic/clinic day well-respected
- Post-call generally well-respected
- Wednesday nights generally call protected
- Good education-to-service ratio
- Option for up to 4 weeks of out of province electives "OOP" over your 2 years

Support



- Chief Residents & R1 Reps
- Faculty Mentors
- R2 'Buddies'
- Preceptors/Faculty/Colleagues
- Ruth Hadland and Camille Baguio
- Dr. Betty Calam - Site Director
- Dr. Willa Henry- Program Director
- PAR-BC



St Paul's Hospital Family Medicine Residency CMG Site







St Paul's Hospital Family Medicine Residency CMG Site

Whistler, the North Shore & countless recreational activities!



Vancouver!



In Summary: Why St Paul's?

- Inner-city hospital and community practices with service to diverse patient populations
- Unique and flexible program
- Receptive and enthusiastic faculty
- Excellent orientation month
- St. Paul's CME Conference
- Great Residents!
- Vancouver!

Who are we looking for?

- Self-directed and motivated people with interests in: Inner City Health, Advocacy, Wide Spectrum Practice, Research, Medical Education, Social Determinants of Health, Addressing Health Inequities, Non-Judgmental Compassionate Care...the sky is the limit!
- 12 lucky people will match to the SPH CMG Site
- **We Want YOU!**

A black stethoscope is shown against a light gray background. The stethoscope is coiled, with the chest piece (binaurals) in the center and the ear pieces extending outwards. The lighting creates soft shadows, highlighting the texture of the tubing and the metallic parts of the chest piece.

Questions?

Comments?

Thank you!

Frequently Asked Questions

How are you matched to a community preceptor?

What can be done if you find your preceptor/clinic match is not a good fit or not giving you broad enough exposure to a variety of family medicine patients?

Given the number of other residents at SPH, do you get to do procedures and deliveries?

How well are Family Medicine residents respected and treated at SPH?

Are post-call days, academic half days and mandatory events respected?

What is it like to organize your R2 longitudinal schedule?

Is there competition for electives? How do you find good electives if you are not from Vancouver?

If you want to do some rural practice, will you get the training you need to feel competent?

What opportunities are there at your site for students with leadership, research and medical education interests?

If you are interested in CCFP-EM, what are the advantages and disadvantages of this site?

How is the SPH-CMG site similar to and different from the SPH-IMG site? How do you collaborate?

How is the SPH-CMG site similar to different from the other urban sites? (Victoria, Vancouver Fraser, Coastal)

What is the overall feel of the attitude towards and support for residents at your site?