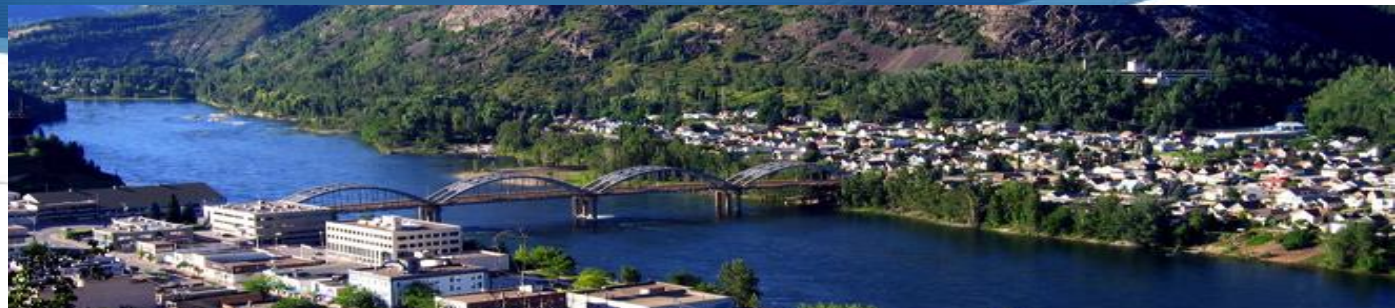




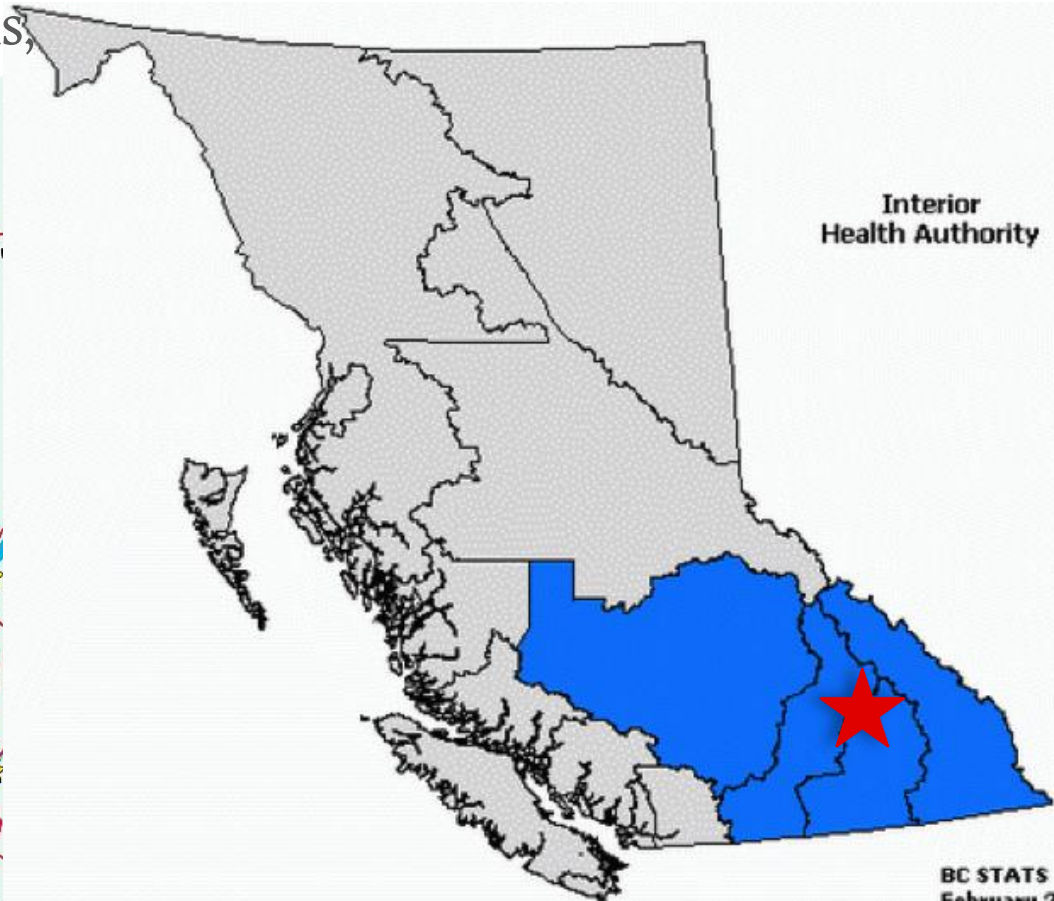
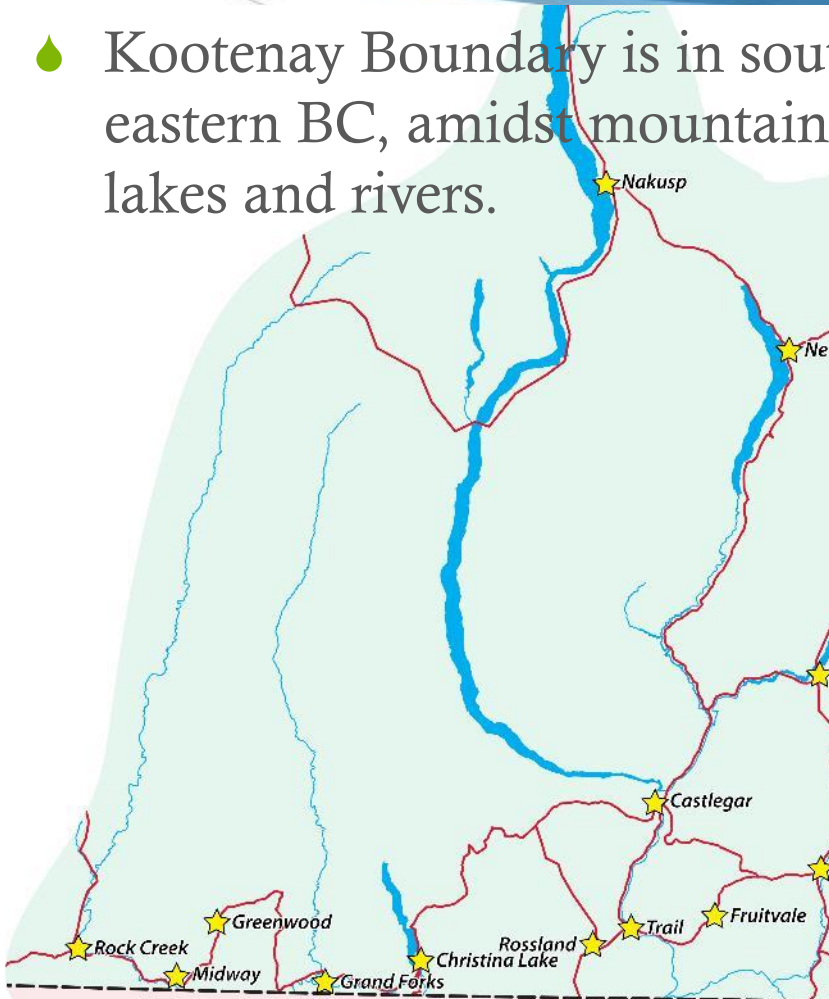
Kootenay Boundary Family Medicine Program

a place of mind



Where to Find Us

- ◆ Kootenay Boundary is in south eastern BC, amidst mountains, lakes and rivers.



Why we're here, and why you should join us!

- ◆ Outstanding skiing and deeeep powder!
 - ◆ Nelson & Rossland voted best ski towns in North America
 - ◆ The heart of BC's 'Powder Highway'
 - ◆ "One of the best places in the world for backcountry skiing" NY Times



Why we're here, and why you should join us!



- 🟢 Epic mountain biking and endless hiking
- 🟢 7 Summits Hike/Ride
- 🟢 Kokanee Glacier

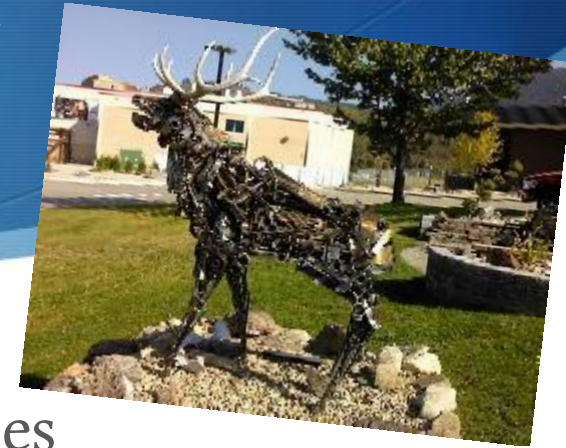


Why we're here, and why you should join us!

- ◆ Thriving artistic and cultural communities
 - ◆ Music festivals – including Shambhala, and the Kaslo Jazz Fest
 - ◆ Film festivals (Banff Mountain Film Festival)



Why we're here, and why you should join us!

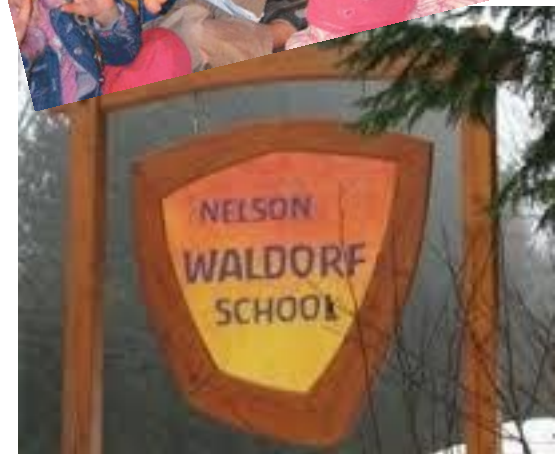


- ◆ Thriving artistic and cultural communities
 - ◆ Film festivals (Banff Mountain Film Festival)
 - ◆ Small Live Music Venues with Big acts
 - ◆ Live Theatre
 - ◆ Galleries
 - ◆ Choirs, actors, poets, authors
 - ◆ Castlegar Sculpture Walk



Why we're here, and why you should join us!

- ◆ Unusual rural demographic – many professionals: engineers, scientists, doctors and dot-com specialists
- ◆ Boutique entrepreneurism
- ◆ Young Communities with lots of kids
- ◆ Public and private schools including French and Russian Immersion, Waldorf School



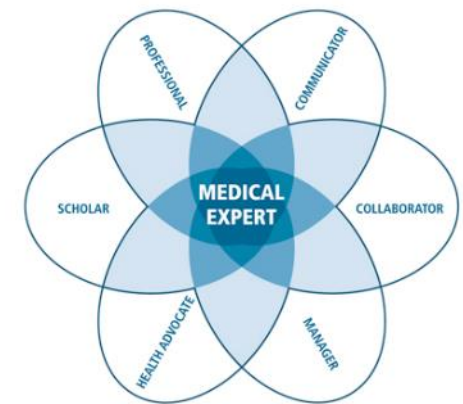


Curriculum

- ◆ The Program has been designed around UBC and CanMeds Requirements
- ◆ Covers 99 Family Medicine Topics and the 65 key procedures



FACULTY OF MEDICINE



ROYAL COLLEGE OF PHYSICIANS AND SURGEONS OF CANADA | CANMEDS

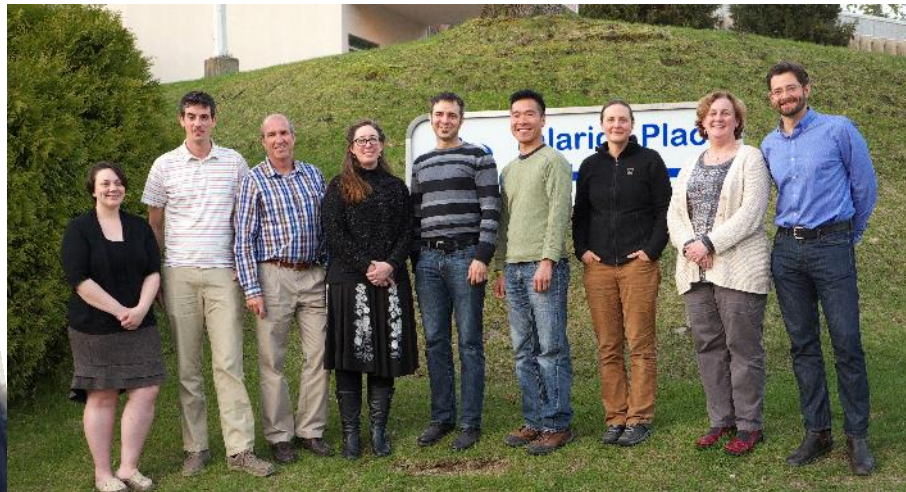
OUR Program; Kootenay Boundary Family Medicine

- ◆ A Successful Family Practice is sustained by achieving a healthy balance of professional and personal life and an attachment to community.



OUR Program

- ◆ Longitudinal integrated curriculum
- ◆ Based and centered around family medicine.
- ◆ Developed by local docs at all stages, many of us either in or less than 5 years out of residency.



The Program

- ◆ 2 sites: Trail and Nelson
- ◆ Specialty rotations are tailored to family physicians' needs
- ◆ Individualised and flexible curriculum
- ◆ Provide you with the skills and confidence to work in any setting



Breadth of Family Practice experience

- ◆ **Home clinic** with 2 preceptors throughout the program
- ◆ Develop your own practice within your preceptor's
- ◆ 75 weeks in your home clinic – integrated with rotations
- ◆ 8 weeks placement in a remote rural community
- ◆ 4 weeks exposure in another family practice setting
- ◆ Longitudinal primary obstetrics, 1 half-day session /week

Electives

- 🟢 16 weeks
- 🟢 Delivered as 4 separate 4 week blocks
- 🟢 One, a designated selective in high volume paediatrics



Stellar Local Electives

- 🟢 2 week Mountain and Wilderness Medicine
- 🟢 Mindfulness / wellness / CBT Training
- 🟢 Kalein Hospice Palliative Care
- 🟢 Practice Management

Specialist Rotations: Integrated with Home Clinic

- ◆ Internal medicine | Hospitalist | ICU **12 weeks**
- ◆ Surgery and Procedural Skills **12 weeks**
- ◆ Emergency Medicine **6 weeks +1 shift/week**
- ◆ Women's Health | Obstetrics | Paediatrics **6 weeks**
 - ◆ 4 week selective paediatrics out of region
 - ◆ Longitudinal primary obstetrics **1 session/week**
- ◆ Mental Health (in & outpatient) **4 weeks**

Special Interest rotations: integrated with Home Clinic

- ◆ Focused special interest rotations include:
 - ◆ Pharmacology / pathology
 - ◆ Pain
 - ◆ Addictions / youth and adolescent mental health
 - ◆ Diabetes / CHF / CKD
 - ◆ Rheumatology
 - ◆ Palliative care
 - ◆ Geriatrics / home care assessment
 - ◆ Outpatient office-based surgical skills / wound care
 - ◆ Radiology / lab medicine

Special Interest rotations: integrated with Home Clinic

- ◆ Other focused learnings include:
 - ◆ Group visits
 - ◆ Ambulance and emergency transport with high acuity response teams
 - ◆ HIV / Hepatitis clinics
 - ◆ Sports medicine
 - ◆ Interdisciplinary team work
 - ◆ Community based clinics

Program Overview

Block	1	2	3	4	5	6	7	8	9	10	11	12	13
PG1	HC, orient-ation	Special Interest	IM	ER MH	Surg &PS	Special Interest	Surg &PS	Elec-tive	WH/OB/peds	Special Interest	Special Interest	Rural	Rural
PG2	IM	2 nd clinic	ER MH	Elec-tive	IM	Elec-tive	Surg &PS	Mtn med, Mgt skills	Elec-tive	ER WH/OB/peds	Special Interest	Special Interest Exam prep	Practicum

- ◆ HC = Home clinic: based here throughout, integrated with rotations, except full time rotations (shaded boxes)
- ◆ IM = internal medicine, includes ICU, hospitalist, MH = mental health, SI = special interest, PS = procedural skills, WH = women's health

Sample week

	MON	TUES	WED	THURS	FRI
AM	Hospital Rounds (Home Clinic and/or Specialty)				
	Internal Medicine	Home Clinic	Internal Medicine	Home Clinic	Home Clinic
PM	Internal Medicine	Home Clinic On Call ER	Internal Medicine	Academic Half Day	TIA Clinic

Benefits of a New Program

- ◆ Program created by local GPs and residents
- ◆ Huge energy and commitment for it
- ◆ Great opportunity to engage in physician leadership opportunities
- ◆ Your voice will count – you will contribute to future program development and the future of family practice
- ◆ You will thrive if you are a motivated independent learner with a sense of adventure!

New Learning Facilities

- ◆ Recently built UBC facilities
- ◆ State of the art video conferencing
- ◆ Resident and student lounges
- ◆ Call rooms
- ◆ Clinical skills rooms
- ◆ Fully equipped library and full online access to all UBC libraries



Kootenay Lake Hospital





FACULTY OF MEDICINE

New Learning Facilities





Academic Program

- ◆ All Kootenay Boundary residents together as a group
- ◆ Half day per week (or equivalent time on a monthly basis)
- ◆ Video – conferencing with UBC / other sites
- ◆ Inter Professional Collaborative Learning Sessions
- ◆ Locally delivered CME medical rounds and conferences
- ◆ Integration with UBC Video Conference Academic Days

Assessment

- ◆ On-line Tracker for your experiences and skills
- ◆ Formative assessment:
 - ◆ ITAR (In Training Assessment of Residents)
 - ◆ Field Notes
 - ◆ Quarterly assessment
 - ◆ Regular assessments by faculty leads
- ◆ Summative assessment: OSCE and SOO preparation, 99 topics

Program Evaluation

- ◆ We are a new program, but we're not new to teaching!
- ◆ We are committed to your learning being successful and meeting your core learning objectives.
- ◆ There will be rigorous attention paid to resident input and feedback.
- ◆ We will be part of UBC's formal evaluation process

Resident Support

- ◆ **We plan on having support available for both the clinical and the day-to-day needs and demands on a resident**
 - ◆ Local program coordinator & site director readily available
 - ◆ Close relationship with primary preceptors and other medical staff mentors
 - ◆ Flexibility to do parts of your schedule as blocks
 - ◆ 1 week off for exam prep & support with mock SOOs

Resident Support

- ◆ Accommodation provided in the 2 remote rural training rotations
- ◆ Physician wellness and mindfulness training embedded in the program
- ◆ Local community and medical staff social support
- ◆ Each resident will have their own family doctor
- ◆ Support in arranging electives

Attributes

- ◆ A genuine rural medical experience – this is the real deal!
- ◆ You'll be eligible for up to \$8,000 per year in student loan forgiveness
- ◆ Our training is based in a regional referral hospital, community hospitals and in very remote smaller hospitals and clinics
- ◆ Low number of learners in a non-competitive environment
- ◆ Continuity of patient care and followup
- ◆ Efficient turnaround of lab and diagnostic services and access to specialist referrals, which reinforces continuity of learning

More Attributes

- ◆ Mass Gathering Medicine:
 - ◆ Shambhala Medical Tent
- ◆ Work with marginalized, high risk populations
- ◆ Industrial medicine / occupational health
- ◆ Teach 3rd and 4th year medical students and pre-med students



Even More Attributes

- ◆ Red & White Program: Opportunity to work with Ski Patrol / Mountain Rescue / Search & Rescue



Just Sooo Many Attributes



- ◆ NOT a Service Based program – (we've limited your scut work)
- ◆ If you see an interesting case in Emerge, follow it - take the transport from Nelson to Trail, and go to the OR with the Surgeon
- ◆ Our teachers are happy to help you with particular skills you might want to improve
- ◆ You'll get to know your staff, join us for a beer after a long ER shift.



You'll be embraced by the KB medical community

- ◆ Collegial
- ◆ Approachable
- ◆ Supportive
- ◆ Continuity of preceptors
- ◆ Model a healthy work-life balance



Face it, 2 years in the Koot's is gonna be Great!

We want to support your development not only as an MD, but
as a human being and a colleague.

So we've built a genuine RURAL Family Practice training
program in a recreational paradise of pristine wilderness and
unmatched creativity.

A program that provides the opportunity to combine
interesting work and a personal life as part of a community

We hope we see you in July!

