

# CARMS OPEN HOUSE 2015

Dr. Alfredo Tura  
Martin Nobar, R1  
Andrew Chiu, R1

# St. Paul's Hospital



NO PARKING  
9:30AM  
5PM-6PM  
MON-FRI  
LEFT TURN BUSES



# LIGHTS OF HOPE



St. Paul's Hospital



TO MAKE A DONATION OR LEARN  
ABOUT RECOGNITION OPPORTUNITIES  
CALL 604.662.4673 (HOPE) OR VISIT  
[WWW.HELPSTPAULS.COM](http://WWW.HELPSTPAULS.COM)

HELP  
ST. PAUL'S HOSPITAL  
SHINE  
St. Paul's Hospital redevelopment  
Building patient care for B.C. families



# IMG-SPH FP Residency

- Education and Training
- Academic Opportunity
- Research Opportunity
- Rural Practice Exposure
- Work load
- Support systems
- Who we are in 2014-2015?
- Why choose IMG-SPH?

# IMG-SPH FP Residency

- The ONLY program fully dedicated to IMGs with expertise and resources tailored to IMGs
- Fully integrated with the UBC Family Medicine Accredited Program
- Work in parallel with CMG-SPH
- State of the Art SimLab with dedicated preceptors at SPH
- Maternity Care: In-patient and Community-based

# Education and Training

- **Training sites:**
  - **St. Paul's Hospital**
  - **BC Women's Hospital**
  - **BC Children's Hospital/Royal Columbian Hospital**
  - **Various Preceptors Offices**
  - **Kensington Paediatric Clinic**
- **Work along side Royal College Residents and SPH FM Residents**

# St. Paul's Hospital

- **An acute care, teaching and research hospital**
- **Catholic Tertiary Care Hospital with approx. 500 beds**
- **Teaching hospital for residents and interns for the past 70 years**
- **Centre for excellence for HIV**
- **Strong teaching base for emergency medicine**

# St. Paul's Hospital

- **British Columbia's designated provincial Heart Centre, with Centre of Excellence for Cardiology/ Cardiothoracic Surgery**
- **Active and respected Department of Family and Community Medicine**
- **Family Medicine Teaching Ward: rare in Canada in a tertiary care teaching centre**
  - **Unique to SPH Residents**
- **Community Hospital Ambience**



# R1: 2015

- Family Practice Orientation: 4 weeks
- Rural Family Practice: 4 weeks
- Family Practice Office: 4 weeks
- **Family Practice Ward: 4 weeks**
- Obstetrics & Gynecology: 8 weeks
  - BC Women's Hospital with ObGyn Residents
- Pediatrics: 8 weeks
  - BCCH/RCH & Kensington Clinic
- Surgery: 4 weeks
- Internal Medicine (CTU): 4 weeks
  - SPH with UBC IM Residents
- Emergency Medicine: 4 weeks
- Elective Block: 4 weeks
- Vacation Blocks: 4 weeks

# R2: 2016

- **Block Rotations**
  - **Rural Family Practice: 8 weeks**
  - **Family Practice: 14 weeks**
  - **Palliative: 2 weeks**
  - **ICU/ Delta Emergency/Rural: 4 weeks**
  - **Block Elective: 4 weeks**
  - **Vacation: 4 weeks**
  - **Psychiatry: 4 weeks**
- **Horizontal Rotations**
- **Longitudinal Electives: 72 sessions**

# Academic Opportunities

- **July - Orientation to Family Medicine**
  - **2015 Resident Retreat**
- **Weekly Academic Half Days (VAC)**
  - **2 hour lecture/clinical skills sessions**
  - **1 hour resident lead activity**
- **Journal club**
- **Neonatal Resuscitation (NRP) course**
- **ALARM (required and paid for by program)**
- **ATLS (optional- approx. \$1000 paid for by program)**
- **St. Paul's CME Conference – 4 full days in November**

# Academic Opportunities

- **R3 years**
  - **Emergency - CCFP-EM: home base**
  - **HIV – now an official, funded 1yr program, 1 res/yr**
  - **Aboriginal Health – 1yr**
  - **Inner City Health**
  - **Women's health**
  - **Enhanced Skills in OB – 3 + months**
  - **Year of Added Competency (YAC) in Palliative Care**
  - **GP Anesthesia**
  - **Geriatrics**
  - **International Health**
  - **Occupational Medicine**
  - **Customized by you!**

# Research Opportunities

- Practice Improvement Project (R1)
- Research Project (R2)
- Research Days (10 sessions in 2<sup>nd</sup> year)
- Resident Research Day – June every year

# Rural Practice Exposure

- 1 month rural medicine in R1
- 2 months rural medicine in R2
- Opportunity of additional rural electives in R2
- Multiple sites to choose
  - Williams Lake
  - Prince George
  - Cranbrook
  - Bella Coola
  - Vanderhoof
  - Port McNeil
- Variety of sub-specialization/exposure

# Work Load

- **Call: 1 in 3-7 (home), 1 in 4-7 (in house)**
- **Post call well-respected by most departments**
- **Academic Half-Day and Call-back-day respected by most departments**
- **Wednesday Nights Call Protected**
  - **Home by 11pm**
- **Good Education-to-Service Ratio**
- **May arrange up to 4 weeks of out of province/country electives**
  - **Emergency Medicine at USask**

# Support System

- **Chief Residents & R1 Representatives**
- **Faculty Mentors**
  - **Meeting q3months for progress**
- **Family Medicine Preceptors/Faculty**
  - **Previous residents**
  - **Examiners**
  - **Various experiences**
  - **Excellent mentors**
- **Eva Chan, Site Coordinator**
- **Alice Chik, Program Assistant**





# Support System

- **Dr. Alfredo Tura– Site Director**
- **Dr. Willa Henry – Program Director**
- **Dr Steve Yau – Faculty Development**
- **Dr. Nirvair Levitt – Curriculum**
- **Dr. Serena Verma –Evaluation**
- **Dr. Eva Knell – Behavioural Medicine**
- **Dr. Patricia Gabriel – Research and EBM**
- **Dr. Dan Paré – Resident Support & Informatics**
- **PAR-BC**

# Current R1s (2014-2016)



# Current R2s (2013-2015)



# 2014 Whistler Resident Retreat



# Family Medicine Soccer League



# Why IMG-SPH?

- First fully accredited program for IMG training in North America
  - Other IMG programs use IMG-SPH as a skeleton model
- Inner City hospital with exposure to a **DIVERSE** patient population
- Unique and Flexible Program
- Receptive Faculty
- Excellent orientation month:
  - eases new residents into program

# Why IMG-SPH?

- Family Practice Ward
- St. Paul's CME Conference (ie. network)
- Family Practice training is carried out exclusively in community practices
- Rural Opportunities
- Obstetrics at BCWH (tertiary care hospital)
- **GREAT RESIDENTS!!! with sense of family**
- Downtown Vancouver



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