Fort St John

Rural Family Practice Residency
“Learning before service”
Fort St John

• North East BC

• Main Community
  Fort St John

• Satellite Communities
  Dawson Creek
  Chetwynd
  +/-Tumbler Ridge
Fort St John

British Columbia Health Authorities

1. Interior
2. Fraser
3. Vancouver Coastal
4. Vancouver Island
5. Northern

*Note: The Nisga'a Health Council is an independant health authority

Prepared By: BC Stats
July, 2008
Fort St John

Longitudinal Rural Family Practice

• Parallel “domains of care” experience
• Less immersion in ‘silos’
• Follow the patient through their journey

Ultimately prepares FP to practice in both Rural or Urban clinical settings.
Fort St John

Our Medical Community:
• Warm & Welcoming
• Supportive
• Protective of their patients, residents and students
• Guiding
• Educating
• Tolerant
• Expects learners to excel in applying the principles of clinical medicine and good medical practice in everyday clinical settings.

You will not feel alone, there will always be colleagues offering advice and help. Even when it is -40°C outside and your car's battery is frozen!
Fort St John

The community

- Very supportive, knowledgeable and approachable UBC FP Residency Program administrator (Ms Kim Furlong)
- Family Friendly
- Local social events - everyone welcomed
- Easy going and friendly people
- Great sports clubs - makes the most of the excellent facilities here
- Atmosphere of co-operation
- Plenty to do in Winter and Summer - just ask!
# Fort St John - Peace Liard Family Practice
## Rotational domains in first year

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## Typical Day of R1 in Surgery

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<th>Monday</th>
<th>Tuesday</th>
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<th>Thursday</th>
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<tbody>
<tr>
<td><strong>AM</strong></td>
<td>Ward Round</td>
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<td>Operating Room</td>
<td>ER- minor procedures</td>
<td>Endoscopy suite</td>
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<td>Outpatient clinic</td>
<td>Outpatient clinic</td>
<td>Operating Room</td>
<td>FP/ Outpatient clinic</td>
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<td><strong>On call</strong></td>
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<td>On-call- Wards cover and ER</td>
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ON-CALLS in R1

On-Call rota: 1 in 4

• Starts after the end of the daily activity- 18:00
• Covering ER then mainly the Wards (IPU, ICU and Maternity)
• Ends at 8:00 am

Weekend on-calls 1 in 4

• 8 am Sat to 8 am Sun
• Covering ER and wards

NO Calls on Fridays and Sundays
Fort St John

• R2

• 8 weeks “rural plus” in Tumbler Ridge or Rural match communities

• 4 weeks community medicine in Chetwynd

• 12 weeks elective

• Optional ICU &/or inpatient paeds Victoria

• Finish off with “transition to practice”

• Opportunities to explore special interests
Fort St John
Fort St John

• **Young program:** opportunity to be proactive and shape the program

• **High degree of flexibility and responsibility**
Fort St John

Academic Program delivered locally supplemented by Video Conference events

Our Preceptors are keen to teach, supervise and transfer skills

Safe and learner-friendly environment

Local and visiting specialists
Fort St John

- 65,000 population in region
- 700 deliveries per year
- 91,000 ER visits per year
- 35,000 inpatient days per year
- 5000 surgeries per year
- 1000 GP visits per day
Fort St John

Our team:

~20 FPs (2 clinics) in FSJ

1 Gen Surgeon, Obstetrician and Gynaecologist, Radiologist, Pathologist, and Psychiatrists

Visiting Ortho, Paeds, Urol, Ophth, Derm, Paeds-Cardiol, Geri & GeriPsych, Rheum

6 FP anaesthetists, 3 FP obstetricians

UNBC integrated clerkship (4 students)
Peace Liard

Opportunities to develop special interests

• Emergency
• Surgery
• Obstetrics
• Anesthesia
• First Nations
• Methadone/Addictions
Fort St John

What describes the typical Fort St John Doctor?

• **Motivated and self-directed**

• **Flexible and adaptable**

• **Willing to put in the time AND to have fun**
Fort St John
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Fort St John
Fort St John

Vibrant Arts communities

Theatre, Film, Visual Arts, Music, Dance
Peace Liard

All sorts of sports!

Volleyball, Basketball, Hockey, Soccer, Speed Skating, Cross Country Skiing, Martial Arts, Cycling, Running, Swimming, Gymnastics, Archery
Fort St John
Fort St John

An opportunity to benefit from the broad experience and satisfaction that a rural practice offers
Fort St John
Fort St John

And where else will you see a John Deere and a semi truck in a Christmas Parade?
Fort St John

The best place to learn and practice!